

Sperrins Cycle Routes



explore, discover and enjoy

Twelve Circular Routes

For further information on the Sperrins area visit www.sperrinstourism.com or contact one of the following tourist information centres:

Coleraine TIC

Railway Road, Coleraine, BT52 1PE
Tel: **028 7034 4723**,
Fax: **028 7035 1756**
Email: colerainetic@btconnect.com
Website: www.colerainebc.gov.uk

Cookstown TIC

Burn Road, Cookstown, BT80 8DN
Tel: **028 8676 6727**,
Fax: **028 8676 5853**
Email: tic@cookstown.gov.uk Website: www.cookstown.gov.uk

Derry Visitor & Convention Bureau

44 Foyle Street, Derry BT48 6AT
Tel: **028 7126 7284**,
Fax: **028 7137 7992**
Email: info@derryvisitor.com Website: www.derryvisitor.com

Limavady TIC

7 Connell Street, Limavady, BT49 0HA
Tel: **028 7776 0307**,
Fax: **028 7772 2010**
Email: tourism@limavady.gov.uk
Website: www.limavady.gov.uk

Bike Shops / Hire

An Creágan Visitors' Centre , Creggan, Tel: 028 8076 1112	Hire
Allens of Omagh , Market Arcade, Omagh, Tel: 028 8225 1991	Sales, Repair
Auto-Leisure , 4 Castle Street, Strabane, Tel: 028 7138 2866	Sales
Bikeology , 62a Derry Road, Omagh, Tel: 028 8225 8050	Sales, Repair
Ciclisport , 24 Market Street, Moneymore, Tel: 028 8674 8748	Sales, Repair
Claudy Cycles , 556 Barnault Road, Claudy, Tel: 028 7133 8128	Sales, Repair
Cookstown Cycle Centre , 2a Molesworth Road, Cookstown, Tel: 028 8676 9667	Sales, Repair
Conway Cycles , 157 Loughmacrory Road, Omagh, Tel: 028 8076 1258	Sales, Repair
Dungiven Castle , Main Street, Dungiven, Tel: 028 77742428	Hire
Gatehouse Cycle Services , 29 Orchard Street, Strabane, Tel: 028 7188 6263	Sales
Gortin Activity Centre , 62 Main Street, Gortin, Tel: 028 8164 8346	Hire
Outdoor World , 33 Oldtown Street, Cookstown, Tel: 028 8676 3682	Sales
Roe Valley Cycles , 35 Catherine Street, Limavady, Tel: 028 7776 6406,	Sales, Repair, Hire

Magherafelt TIC

6 Church Street, Magherafelt, BT45 6AN
Tel: **028 7963 1510**,
Fax: **028 7939 5112**
Email: thebridewell@magherafelt.gov.uk
Website: www.magherafelt.gov.uk

Omagh TIC

1 Market Street, Omagh, BT78 1EE
Tel: **028 8224 7831**,
Email: tourism@omagh.gov.uk
Website: www.omagh.gov.uk

Strabane TIC

Open Easter-October
The Pagoda, Abercorn Square, BT82 8AN
Tel: **028 7188 3735**,
Fax: **028 7188 3735**
Email: tic@strabanebc.com
Website: www.strabanebc.com

Public Transport:

Translink: Tel: **028 9066 6630**
or visit www.translink.co.uk for a journey planner.

Ulsterbus

Cookstown Tel: **028 8676 6440**
Limavady Tel: **028 7776 2101**
Magherafelt Tel: **028 7963 2218**
Omagh: Tel: **028 8224 2711**
Strabane: Tel: **028 7138 2393**



The Sperrins Region, located in the centre of Northern Ireland, stretches from the Western shoreline of Lough Neagh to the Tyrone / Donegal Border.

A designated Area of Outstanding Natural Beauty, there is no better way to explore the Sperrins than on a bicycle.

The rounded Sperrin Mountains interspersed by numerous glens and rivers, provide the visitor with a sense of space and solitude.

As you cycle discover this unique landscape, rich in natural and archaeological heritage as well as folklore. We are sure you will thoroughly enjoy the experience as it unfolds before your eyes.

Sperrins Tourism Ltd

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